



1 Executive Summary

This Deliverable Report is the sustainability plan related to the DARE initiative - Digital Lifelong Prevention, funded by the Ministry of University and Research as part of the National Complementary Plan PNC-I. The plan focuses on the sustainability of the National Health Service, prevention as a service, digital health technologies, and the financial framework of digital healthcare in Italy. Additionally, it presents the canvas methodology, the analysis of the stakeholders, and the organization of the DARE Foundation, as well as the vision and missions of the initiative. The document also examines the path towards sustainability, including monitoring of the pilot studies involved in the overall initiative, the financial sustainability, and the overall sustainability.

It is important to note that while the DARE initiative is functionally segmented into Hub and Spokes, the strategy and methodology were conceived from the outset to address the sustainability of the Foundation as a whole, rather than solely focusing on the sustainability of individual Spokes. This strategic approach acknowledges that the Foundation encompasses the professional and overarching vision regarding the role of digital health tools in prevention. Consequently, the sustainability plan is oriented towards ensuring the long-term viability, competence, and overall vision of the Foundation, which serves as the guiding force for the entire initiative, encompassing both Hub and Spokes. For this reason, it is essential to highlight that the vision, the backbone, and the framework for the three deliverables associated with each Spoke remain consistent. This uniformity ensures that despite the functional division into Spokes, the overarching vision and structural foundation guiding the deliverables are uniform across all components of the DARE initiative. This intentional consistency in vision and framework ensures cohesion and alignment with the Foundation's sustainability goals, enabling each Spoke to contribute cohesively towards the overarching objectives of the initiative.

The plan provides a detailed overview of the activities and objectives of the DARE initiative, along with strategies to ensure its sustainability. It also includes information on revenues, cost structure, and the overall sustainability of the project. The document is structured into various sections, including the state of the art, methodology, stakeholders and organization,

foundation vision and missions, the path towards sustainability, pilot study monitoring, financial sustainability, and overall sustainability.

The following document should be regarded as a living document, as outlined KPIs (Key Performance Indicators) in the overarching strategy need to be consistently monitored and updated on an annual basis. This dynamic approach ensures that the sustainability plan remains responsive to evolving circumstances, allowing for regular assessments and adaptations in alignment with the changing landscape of digital health, the evolving needs of stakeholders, and advancements in technology and healthcare practices. This iterative process of monitoring and updating KPIs annually serves as a mechanism to maintain relevance, effectiveness, and alignment with the evolving goals and objectives of the DARE initiative.